

Starting Well

Indicator	Year	Darlington	Trend	England	North East
Smoking status at time of delivery	2023/24	10.6%	↓	7.4%	10.2%
Breastfeeding Prevalence at 6 to 8 weeks	2023/24	40.6		52.7%	38.5%
School Readiness: % of children achieving a good level of development at the end of Reception	2023/24	65.7%		67.7%	66.8%
School Readiness: % of children achieving the expected level in phonics screening check in year 1	2023/24	77.7%		80.2%	79.2%
% of 5 year olds with dental decay	2023/24	25.3%		22.4%	22.6%
Reception prevalence of healthy weight	2023/24	75.7%	→	76.8%	74.5%
Reception prevalence of overweight (including obesity)	2023/24	23.3%	→	22.1%	24.7%
Year 6 prevalence of healthy weight	2023/24	63.3%	→	62.5%	60.1%
Year 6 prevalence of overweight (including obesity)	2023/24	35.4%	→	35.8%	38.6%
Hospital admissions caused by unintentional and deliberate injuries in children (0-4 yrs)	2023/24	252.2 per 10,000	→	93.2 per 10,000	140.7 per 10,000
Hospital admissions caused by unintentional and deliberate injuries in children (0-14 yrs)	2023/24	149 per 10,000	→	72.7 per 10,000	109.8 per 10,000
Hospital admissions as a result of self harm (0-14)	2022/23	441.6 per 100,000	→	251.2 per 100,000	360.5 per 100,000

Living Well

Indicator	Year	Darlington	Trend	England	North East
Adults in treatment at specialist alcohol misuse services (18+)	2020/21	2.7 per 1000		1.7 per 1000	2.5 per 1000
Adults in treatment at specialist drug misuse services (18+)	2020/21	6.7 per 1000		4.5 per 1000	6.8 per 1000
Successful completion of alcohol treatment	2023	28.1%	➡	34.2%	30%
Successful completion of drug treatment: non opiate	2023	21.8%	➡	29.5%	26.4%
Successful completion of drug treatment: opiate	2023	7.6%	⬆	5.1%	4.1%
Smoking prevalence	2023	7.9%		11.6%	11%
Suicide rate	2021-23	19.6 per 100,000		10.7 per 100,000	13.8 per 100,000

Ageing Well

Indicator	Year	Darlington	Trend	England	North East
Emergency hospital admissions due to falls in people aged 65 and over	2023/24	1623 per 100,000	➡	1984 per 100,000	2122 per 100,000
People invited for an NHS health check (40-74)	2024/25	29.1%	⬆	24%	25.9%
People receiving for an NHS health check (40-74)	2024/25	10.3%	➡	9%	9.1%
People taking up for an NHS health check (40-74)	2024/25	35.5%	➡	37.5%	35.2%

Key:

Increasing: ⬆

Decreasing: ⬆

No significant change: ➡

Worse than England:

Better than England:

Similar to England:

Life Expectancy

Indicator	Year	Darlington	Trend	England	North East
Life expectancy at birth (Male)	2021-23	77.6 years		79.1 years	77.4 years
Life expectancy at birth (Female)	2021-23	81.4 years		83.1 years	81.4 years
Healthy life expectancy at birth (Male)	2021-23	57.6 years		61.5 years	56.9 years
Healthy life expectancy at birth (Female)	2021-23	58 years		61.9 years	57.5 years
Inequality in life expectancy at birth (Male)	2021-23	15.7 years		10.5 years	13.4 years
Inequality in life expectancy at birth (Female)	2021-23	10.3 years		8.3 years	10.8 years

It is not possible to include a trend direction for all indicators due to the small populations and statistical instability.